

Dear Parents,

One of our school's goals is to help students understand and follow Jesus' message to love one another by showing respect toward themselves and others.

It has been observed that most students can say the respectful way to act and how the Bible calls us to do this, but they cannot always independently show these actions. Our goal is to have the children be able to have their actions match their words.

Although, we have many lessons in place about the value of Christian friendship and respect, we want to further develop the concept of respect. In order to do this, we are implementing our own **KINDERGARTEN AFFIRMATION PROGRAM**. **KAP** is based on the books Incredible You by Wayne Dyer and I Think I Am by Louise Hay. It is our hope that by strengthening respect for oneself first, then respect for others will come naturally. These are two books we recommend for your home library.

The book I Think I Am defines affirmations as "words that you think or say, and believe to be true." We want to start a strong foundation of respect at this young age so it will carry forward as words and actions throughout your child's life.

At school we will be saying an affirmation aloud together as a class. This affirmation will be printed on our monthly calendar. Please help us at home with **KAP** by doing the following:

1. Attach the open frame to a mirror. Your child is bringing this frame home.
2. Have your child start by saying his/her name and I love you. Then have your child say the affirmation at the top of the frame, repeating it after you as needed. Try to do this once daily.
3. Ask your child to explain how he/she will or has put this into action that day.
4. Look for ways throughout daily life to tie in the affirmation and show concrete examples to your child.
5. Try to include the affirmation's concept into your daily prayers.
6. Change the affirmation at the top to match the class or as your family is ready for a new concept.
7. Create your own affirmation based on a need or struggle your child is having starting with "I will," "I can," "I have," or "I am."

We appreciate your assistance and welcome any input you have on the program.

Thank you,

Holly Romosier and Kelly Grote

