■ September

## October 2018 - St. Paul Cafeteria Menu

November ►

4 Ochternber						November
Sun	Mon	Tue	Wed	Thu	Fri	Sat
NOTE: This institution is an equal opportunity employer and provider.	1 Chicken nuggets Green beans/mixed veggies Assorted fruit Milk	<b>2</b> Mexican pasta Refried beans/corn Assorted fruit Snickerdoodle Milk		4 Mini corn dogs Sweet potato fries /cucumbers w dip Assorted fruit S'mores bar Milk	Cheese ravioli w marinara sauce Breadstick Garden salad/broccoli Assorted fruit Milk	6
as the main entrée for	8 COLUMBUS DAY Chicken drumstick Rice Green beans/Yellow squash Assorted fruit Milk	9 Hot Italian sub - ham, salomi, pepperoni, cheese Corn/cooked carrots Assorted fruit Milk	or cheese Broccoli/Garden salad	11 Sloppy Joes Edamame beans/Baked potato Assorted fruit Brownie Milk	12 Brunch for Lunch Scrambled eggs Mini-cinnamon waffles Carrots w dip/tator tots Assorted fruit Milk	13
14	Popcorn chicken bowl - mashed potatoes, corn, gravy, chicken, cheese Biscuit Assorted fruit Milk	16 Terra Nova Walking tacos Broccoli/Garden salad Assorted fruit Applesauce cake Milk	Green beans/celery w/ dip Assorted fruit Milk	18 Terra Nova EARLY DISMISSAL Hot dog Baked beans/California blend veggies Assorted fruit Buckeye bar Milk	19 Terra Nova Toasted cheese sandwich Tomato soup/fries Assorted fruit Milk	20
21	<b>22</b> Chicken fajitas Hummus/broccoli Assorted fruit Milk	Pulled pork sandwich Cole slaw/zucchini sticks Assorted fruit Rocky road bar Milk		25 Hamburger/Cheeseburger Corn/Peas & carrots Assorted fruit Blueberry muffin Milk	26 END OF 1ST QTR Mozzarella sticks w/ marinara sauce Garden salad/mixed vegetables Assorted fruit Milk	27
28	29 Sweet & sour chicken Rice Green beans/yellow squash Assorted fruit Milk	30 Rotini w meat sauce Garden salad/peas Assorted fruit Milk Iced sugar cookie (Halloween)	EARLY DISMISSAL French bread pizza - pepperoni or cheese	NOTES: The lunch rate is \$3.50 PER STUDENT OF ANY GRADE & \$4.25 for adults. Please continue to maintain a POSITIVE BALANCE and monitor your child's account at <a href="https://www.myschoolaccount.com">www.myschoolaccount.com</a> . Please contact the cafeteria if you need your ID#.  VOLUNTEER SERVERS NEEDED: Please consider giving your gift of time (10:15 a.m1:10 p.m.) to volunteer at least once a month in the cafeteria. If interested, please contact the Cafeteria: (614) 794-7316.		